

**WELCOME TO
THE 5TH IPSF- AFRICAN PHARMACEUTICAL
SYMPOSIUM**



PRE-SYMPOSIUM BOOKLET

5TH IPSF-AFAPS 2016



BACKGROUND

INTERNATIONAL PHARMACEUTICAL STUDENTS FEDERATION (IPSF)

The International Pharmaceutical Students Federation (IPSF) is the leading international advocacy organization for pharmacy students. It was formed in 1949 and currently represents approximately 350,000 pharmacy students and young graduates from over 84 countries worldwide, with its headquarters in The Netherlands.

IPSF plans and executes a wide variety of activities through its 5 regional offices i.e. Asia Pacific, Africa, Eastern Mediterranean, Europe and Pan America.

AFRICAN PHARMACEUTICAL SYMPOSIUM (AFPS)

The African Pharmaceutical Symposium is an Annual event organized by the IPSF- African Regional Office. It brings together pharmacy students and recent graduates from all over Africa, in African city for about a week! The delegates engage in educational and scientific symposia, workshops, industrial visits, public health campaigns, excursions around the host city, and a great variety of socio-cultural events.

In 2016, the 5th African Pharmaceutical Symposium (AfPS) will be held in Mombasa- Kenya, hosted by Kenya's Pharmacy Students Association, KPhSA!

KPhSA represents about 1000 students from six universities in Kenya, and acts as the link between the students and professional bodies such as the Pharmaceutical Society of Kenya (PSK), with which it is affiliated.

As a student-led association, KPhSA aims at promoting cohesion among its member chapters, who together take part in professional development activities, community service as well as team building and fun events that bring all its members together.

THE 5TH IPSF- AFRICAN PHARMACEUTICAL SYMPOSIUM

Theme.

REWRITING THE AFRICAN NARRATIVE IN HEALTHCARE: ACCESS, QUALITY AND INNOVATION.

Structure of the Symposium

We plan to have a 3-part symposium as follows:

- a) **Pre-symposium event-** Leaders Training will be held in Kenyatta University Conference Center. It will be aimed at equipping the students who are the future workforce with leadership and management skills required to take on global roles on health issues, pharmacy and engage in policy making.



- b) **Main symposium-** This will be held in Mombasa. We will have key-note speeches, workshops, an industrial visit, patient counseling competition, compounding event, clinical skills examination, and a public health campaign aimed at the need of the Mombasa community. During one of the afternoons, attendees will be taken for an excursion to Fort Jesus, Kilindini harbour and other tourist attraction sites within the city.

EXCURSION



- c) **Post symposium tour**- Delegates will have an opportunity to tour different parts of our beautiful country and experience the rich Kenyan heritage.

SYMPOSIUM DATES AND REGISTRATION PHASES

Dates.

Thursday 16th to Monday 20th June 2016.

Registration Fees.

- **Registration Phase 1:** Kshs 25,000
Duration: December 1st 2015- February 29th 2016
- **Registration Phase 2:** Kshs 30,000
Duration: March 1st 2016- May 15th 2016

Kshs 25,000 is equivalent to USD 250 (i.e. on 19/10/15)

But please note the currency in which the payment should be made is Kshs (Kenya Shillings)

PROFESSIONAL ACTIVITIES...

PATIENT COUNSELLING AND CLINICAL SKILLS EVENT

The Patient Counseling Event demonstrates and promotes the importance of communication skills in drug therapy and disease management. Clinical Skills Event is designed to test and develop pharmaceutical knowledge as well as problem solving, verbal and written communication, and clinical skills. These events will be conducted in fun and competitive environments to help furnish participants with professional skills.



PUBLIC HEALTH CAMPAIGN

On one of the afternoons, the students will carry out a Public Health campaign e.g. Diabetes awareness, Anti-Tuberculosis campaign etc, to impact the community where the symposium will be held.



REGIONAL ASSEMBLY:

The Regional Assembly (RA) is primary decision making body of the IPSF Regional Office and consists of the official delegates of IPSF-AFRO member countries and the IPSF Regional Working Group. The RA meets annually (usually during the annual symposia) to discuss all ongoing matters and plans of the Region, to accept reports and to elect a new Regional Working Group. As a member of IPSF, you will have the opportunity to transpose the policies and working rules of the board through your ideas. The RA is chaired by IPSF AfRO Chairperson. .



Voting rights: Countries which maintain the Full Membership are allowed to vote during the RA. The Official Delegates must present the Credential Form to the IPSF AfRO Secretary General prior the first RA. Members in Association and Individual Members do not have a voting right but are strongly welcomed to participate in discussions.

...We'll also have keynote speeches and workshops based on the theme. We encourage delegates to participate in the poster exhibition competition that will also take place during the symposium. In due time, we'll have a call for abstracts.

SOCIAL AND CULTURAL EVENTS!!!

After every day's programme, the RC has arranged for a perfect way for you to cool off and unwind, on every night of the symposium!

I. Welcome Party

This is set to happen on the first night of the Symposium- Day O. There will be brief introductions and interviews for the official delegates and presentation of flags. Then afterwards, meet and mingle ☺

Dress code: Casual

II. International night

This event involves showcasing the rich cultural diversity within our wonderful continent! From cultural dances, to music, language, attire, as well as food, delegates from each country are given time to blow us away with their culture.

Dress code: Your National Outfit!



III. Auction Night

This is the part where delegates get to auction special items they've brought from their countries. All the money collected from the sale of items goes to the IPSF Development Fund.

Hint- Your country is as good as your auction item. Represent your homeland well!

Dress code: Casual



IV. Kenyan Night!

Your host, Kenya gets to share their amazing culture with all of you. Live music bands, Swahili dances, taarab, the Swahili cuisine all wrapped up in one cute night.

Dress code: Casual



V. Gala night!

For the beauties and the built..haha! #RedCarpetThings Bring your best foot (read: dress) forward. Dining and wining with the whole of Africa in sadly what is set to be the last night of the symposium. Unless of course you're coming for the post-symposium tour...which is why you should totally come!

Dress code: Black-Tie Event.



STH IPSF-AFPS 2016

ACCOMMODATION



The conference venue is Nyali, Mombasa at a beach front hotel.

How about your room overlooking the ocean, and a wide stretch of the beach to ourselves!
We're not foretelling anything, but we bet you guys won't want to leave after the symposium adjourns.

5TH IPSF-AFDS 2016

VISA REQUIREMENTS

Valid passports or other travel documents acceptable to the Government of Kenya are required for all persons wishing to enter Kenya;

~ Passports must be valid for at least Six (6) Months.

~ Passports must have a clean and a full visa page for endorsement.

Nationals of the following countries do not require visas to enter Kenya.

Uganda, Ghana, Sierra Leone, Zambia, Botswana, Mauritius, Namibia, Tanzania, Burundi, Lesotho, Papua, New Guinea, Malawi, Rwanda, Zimbabwe.

For more information please visit the Kenyan immigration website with the following link.

<http://www.immigration.go.ke/Information.html>

Must haves! ☺

- Your passport
- Enough change of clothes (For night-time events)
- Swimming costume, beach wear
- Sunglasses
- A good quality camera (To freeze all the amazing times)

Travel tips.

- Charge your phone well beforehand (Nothing is as frustrating as a low battery when you're trying to call to be picked up!)
- If you're taking a flight, check-in well in advance. It feels better when you don't have to run around the airport last minute...or worse yet miss your flight! We need your mood intact ;-)
- If you're taking a road trip, pack up enough snacks, movies, a book to while away the time...A power bank could come in handy!

THE RECEPTION COMMITTEE WELCOMES YOU TO KENYA!

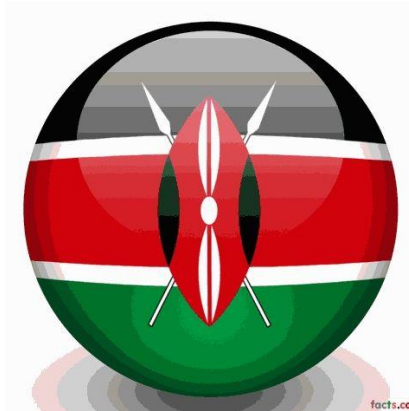


Meet the RC. From left- Brian, Emmah, Peter, Faith, Dennis, Felicity, George, Cynthia and Patricia
(Plus Michael and Johnson)

Karibuni KENYA!

You've probably heard Kenya trend recently... for hosting the US president, a Kenyan by descent, and being the 2015 IAAF champions, in the recently concluded championships in Beijing!!

Fun Facts: Kenya



Ethnic groups: 42!

President: Uhuru Kenyatta

Local Time: GMT+3

Capital city: Nairobi

Coastal towns: MOMBASA, Voi, Lamu, Kilifi

International Dialling code: +254

Currency: Kenya Shillings (Ksh)

Currency Exchange. A number of Forex bureaus are available. You may carry your money in Kenyan shillings or in US dollars for ease of transaction.

Weather: The symposium is taking place in a coastal town. It is likely to be generally warm; pack summer clothing and a few heavy clothes for the nights and mornings.

Languages. English, Kiswahili

COMMON KISWAHILI WORDS 😊

Karibu- Welcome

Habari yako?- How are you?

Sasa- Hey

Mzuri sana- I'm fine

Asante- Thank you

Tafadhali- Please

Nakupenda- I love you

Hakuna Matata- No worries

Lala salama- Sleep well

So...why Mombasa?



As already mentioned, Mombasa Kenya is the selected city to host the 5th AFPS.

Coastal Kenya (Mombasa) is a preferred global tourist destination with the counties there enjoying huge supplemental income from tourism. A special attraction is the vast marine life, boat skiing activities, cruise ships, beach resorts and scuba diving at south coast.

The coastal town predominantly has tribes of Arabian descent, the original Swahili speakers and traditional Swahili dishes- biriani, mnazi (alcoholic beverage from coconut tree), bhajia, kebab just to mention a few.

We're truly delighted to give our delegates the coastal experience, the first AfPS of its kind!

Talk to us. We like hearing from you...



Email.

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Peter- Secretary; afps2016@gmail.com

Website: www.afps2016.org

Facebook: www.facebook.com/afps2016

RC- DURING A PRE-SITE VISIT



INSCRIBED ON THE SHORE...

LET'S MAKE IT HAPPEN!!!

REGISTRATION STARTS DEC 1ST 2015.